



Caution!

COUGH ETIQUETTE

NG



Cough or sneeze without covering your mouth

NG



Cough or sneeze by covering with your hands

Keep cough etiquette to prevent virus from spreading

Good



Cover your mouth and nose with a tissue or handkerchief

Good



Wear a mask to cover your mouth and nose

Good



Cover your mouth with your arm if you have nothing with you to cover your mouth or nose

How to wash your hands correctly !

①



Wet your hands with running water, apply soap and rub your hands and palm well.

②



Rub like stretching the back of your hands

③



Rub finger tips and nails

④



Clean between your fingers

⑤



Twist and clean your thumbs and palms

⑥



Clean your wrists

⑦



Rinse well with running water

⑧



Dry with a clean towel or paper towel